



## BODY & SOUL MASSAGE

### Authentic Balinese Massage

**60 Minutes**

Single **620** / Couple **930**

The Traditional Balinese massage is our signature from Bali combines body massage using palm and thumb pressure to reduce tensions and long gentle strokes while applying a unique blend of natural essential oils. This combination stimulates your blood circulation, improves energy flow.

### Amarea Signature Massage

**60 Minutes**

Single **659**

The tension Balinese relaxation massage using firm finger technique palm pressure with pouring warm aromatherapy oil to stimulating the stroke and blood circulation.

### Deep Tissue Massage

**90 Minutes**

Single **710** / Couple **1.050**

This exclusive massage features all of our signature techniques to best target individual needs: Relaxing light strokes and deep tissue pressures focused especially on the back-area release stress and muscular tension, while revitalizing strokes and combat tiredness, enhance toxin elimination and boost energy.

### Aromatherapy Massage

**90 Minutes**

Single **650** / Couple **1.050**

A full body massage with oil and soft to medium pressure. This uplifting massage will restore positive energy, and will make you feel more alive by increasing blood circulation. Benefits: Deeply relaxes the mind and body while strengthening the spirit.

### Hot Stone

**90 Minutes**

Single **720** / Couple **1.150**

This unique full body massage is using warm selected- stones to eliminate toxins, relieve stress and warm the body. Using this technique aim to increase the blood circulation of your body.

### Foot & Reflexology Massage

**60 Minutes**

Single **620** / Couple **890**

Find out our authentic Balinese reflexology here. The service is an ancient healing therapy designed to cultivate balance into your whole body provoke to the sensation of profound harmony. By putting pressure to specific points on your feet, our therapist will stimulate the blood circulation and boost the calmness to your nervous system.

### Back, Neck & Shoulder Massage

**30 Minutes**

Single **420**

Our neck, shoulder and back is essential and precious. Give a massage to this area will give you a joyful resurrection, overcome the tensions and will bring you the clarity of mind. Your choice of oil and fragrance can calm, invigorate, deeply moisturize, or even rejuvenate.

*All of the price above are in thousand rupiah and subject to 13.75% Government tax and 10% Service charge*



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## SIGNATURE BODY TREATMENT

Rejuvenate yourself with one of our three signature body scrubs which allows the yesterday to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin. Prepare with a traditional Balinese massage and bliss out in our private costume foot bath.

### Tropical Chocolate Scrub

**90 Minutes**

Single **710** / Couple **1.150**

One can feel charming after this season. Ground almonds mixed with freshly harvested cacao beans are gently rubbed into the skin to exfoliate, polish and moisturize. The full-body Balinese massage is followed by the Choco- almond scrub.

### Tropical Coconut Scrub

**90 Minutes**

Single **710** / Couple **1.150**

It have long been known that Balinese women used the coconut for centuries for treatment and heal the skin. Our therapists use a traditional recipe of grated coconut, coconut milk and secret powder to moisturize and gently exfoliate the skin. Enjoy the full-body Balinese massage and sensory coconut scrub.

### Coconut Scrub

**45 Minutes**

Single **390** / Couple **590**

Maintain both naturally and chemical balance of the skin while softening and helping alleviate dryness

### Tropical Japanese Body Scrub

**90 Minutes**

Single **710** / Couple **1.150**

This is a luxurious blend of finely ground native herbs and spices composed of Pandan leaves, turmeric, curcuma, heyneana and rice powder to cleanse, soften and rejuvenate the skin. Indulge with this traditional Javanese beauty- treatment that has been used by Royal Families for centuries starts with a full – body massage and scrub

### Chocolate Scrub

**45 Minutes**

Single **390** / Couple **590**

Gently exfoliates your skin, removing dead tissue particles. At the same time, the organic ingredients penetrate deep into your cells and nourish them from the inside out. As a result, your skin becomes smooth, elastic, soft, and youthful.

### Japanese Scrub

**45 Minutes**

Single **390** / Couple **590**

This moisturizing body scrub is infused with Japanese Hot Spring minerals and essential vitamins. From the highest-quality Dead Sea salt and jojoba oil, vitamin E, give your skin the nutrients it needs and deserves. The exfoliating body scrub clears away dead skin and leaves behind a healthy, radiant complexion.



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## BODY SCRUB & WRAP

Through an in-depth understanding of traditional Balinese practices and ancient rituals, we have created an exclusive range of Svaha spa experiences with a royal touch. Each of these experiences has been carefully crafted to stay true to the traditional style of treatment.

### Rasayana Balinese Boreh

90 Minutes

Single **790** / Couple **1.150**

The aroma of the Boreh spices will take you to Bali in this the traditional energizing warm spice exfoliation and wrap. Traditionally used to help with blood circulation, relieve muscle tension, aches and pains as well as increase the blood circulation for pamper your skin senses.

### Body Mud Paradise

90 Minutes

Single **675** / Couple **1.095**

Influenced by healing ritual of deep tissue massage combine with our rich body scrub with volcano mud collected on the slopes of Bali holy mount Agung. Its nourishes the skin, restores balance and removing toxins such as heavy metals and others environmental pollutants.

## NEW MENU SPA

### De- Stress

120 Minutes

Single **890**

Enjoy a Aromatherapy Massage using relaxing oil before a nourishing and de-stress chocolate scrub to detoxify and cleanse your body that is combination with exotic flower bath. This treatment will enhance your well-being and leave feeling pampered.

### Sensations Spa Journey

90 Minutes

Single **780**

With a sense ritual this treatment starts with Tradisional Balinese Massage combination with relaxing milk bath will help you to emerge with smooth and hydrat.

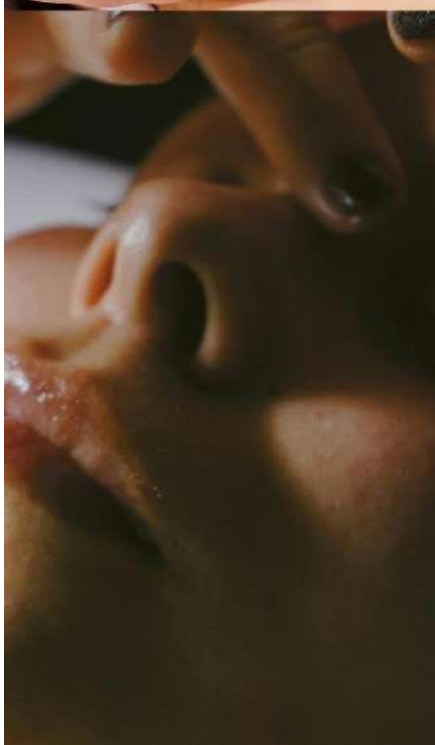
### Coco Bliss

150 Minutes

Single **1.100**

With a sense ritual this treatment start with footh bath, leading to warm coconut oil massage, beauty skin facial, fully pampered with coconut scrub that is combination with exotic flower bath which will help rid the skin dead cell while moisturizing with keep smooth and soft.

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## NEW MENU

### Nourishing Facial

**60 Minutes**

Single **550** / Couple **840**

Refresh and rebalance your skin with BLOKOS based product, Start from cleanse, exfoliate, face massage, and face mask, during which your shoulder are being massage.

### Soothing Facial

**60 Minutes**

Single **480** / Couple **790**

A facial recommended for skin that losing it's tone or elasticity and skin that maybe suffering from dryness. This unique facial will hydrate your skin with natural cucumbar face mask, soothing eye pad and gentle hand massage to make sure the pampering experience.

### Express Facial

**30 Minutes**

Single **260** / Couple **450**

A quick pick me up!. Hydrating & refreshing for clients who are "on the go" this treatment include double cleansing, exfoliation, mini face massage, and finishing product.

### Amarea Beauty & Skin

**90 Minutes**

Single **610** / Couple **925**

A truly ultimate treatment combining a Balinese massage with a rejuvenating foot reflexology or refreshing mini facial. This treatment will enhance your well being and leave feeling pampered.

### Exotic Beauty Sensation

**120 Minutes**

Single **915** / Couple **1.250**

Give a moment of the space for body feel comfortable and relaxe, such as luxurious majesty by combining traditional Balinese massage fully pampered with chosen body Scrub and facial treatment that give a sense of well-being.

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# SPA ETIQUETTE



## Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.



## Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.



## Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.



## Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.



## Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.



## Children

Children and infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.