



## **BODY & SOUL MASSAGE**

## **Traditional Balinese Massage**

## 60 Minutes

The Traditional Balinese massage, our signature treatment from Bali, combines palm and thumb pressure to reduce tension, along with long, gentle strokes using a unique blend of natural essential oils. This combination stimulates blood circulation and enhances energy flow.

## **Aromatherapy Massage**

#### 90 Minutes

Single 405k / Couple 710k

Single 335k / Couple 610k

This full-body massage involves the use of oil and is administered with soft to medium pressure. It aims to uplift your spirits, restore positive energy, and enhance blood circulation. The massage deeply relaxes the mind and body while strengthening the spirit.

## **Deep Tissue Massage**

#### **60 Minutes**

Single 420k / Couple 740k

This exclusive massage incorporates our signature techniques tailored to individual needs. It includes relaxing light strokes and deep tissue pressure focused on the back to release stress and muscular tension. Revitalizing strokes rejuvenate and alleviate fatigue, enhance toxin elimination, and boost energy levels.

## Bambu Svaha Spa Signature

#### 90 Minutes

Single 545k / Couple 899k

This signature relieves stress, soothes tired muscles, and awakens your senses with warm oil and gentle to moderate pressure. Our skilled therapist incorporates warm bamboo into the Balinese Massage, harnessing its heat to enhance blood circulation for a healthier complexion. The bamboo massage technique targets muscle tension, boosts energy flow, and brings back harmony to both body and mind.

#### **Hot Stone**

#### 90 Minutes

Single 545k / Couple 899k

This unique full-body massage uses warm, carefully selected stones to aid in detoxification, stress relief, and body warming. The technique focuses on enhancing blood circulation throughout the body.

#### Revitalization Back, Neck & Shoulder Massage

#### 30 Minutes

Single **255k** 

This treatment focuses on the neck, shoulders, and back, providing a rejuvenating experience that relieves tension and promotes mental clarity. The oils and fragrance options can calm, invigorate, deeply moisturize, or even rejuvenate the skin





## Foot & Reflexology Massage

#### **60 Minutes**

Single 355k / Couple 610k

Experience authentic Balinese reflexology, a time-honored healing therapy crafted to restore balance throughout your body and evoke a profound sense of harmony. The skilled therapists apply targeted pressure to specific points on your feet, enhancing blood circulation and promoting relaxation of the nervous system.

# SVAHA SIGNATURE SCRUB & BODY MASK

#### **Mud Scrub**

#### 45 Minutes

Single 275k / Couple 450k

The Mud Scrub nourishes the skin, restores balance, and eliminates toxins, including heavy metals, leaving your skin silky smooth.

#### **Coconut Scrub**

#### 45 Minutes

Single 275k / Couple 450k

Infuses the skin with natural coconut extracts to soften and relieve dryness, restoring a balanced complexion.

## Japanese Scrub

#### 45 Minutes

Single 275k / Couple 450k

This luxurious body scrub is enriched with Japanese Hot Spring minerals and essential vitamins. Crafted from premium Dead Sea salt and nourishing jojoba oil infused with vitamin E, it provides your skin with essential nutrients. The exfoliating action clears away dead skin cells, revealing a healthy, radiant complexion.

#### **Chocolate Scrub**

#### 45 Minutes

Single 275k / Couple 450k

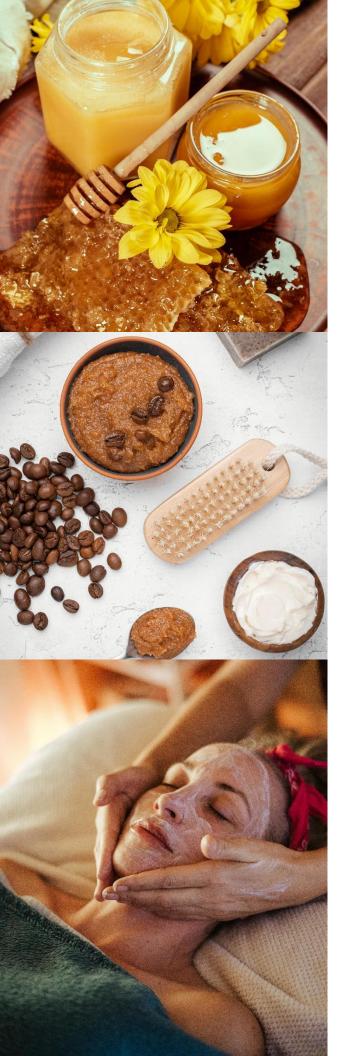
Delicately exfoliates dead skin cells and boosts cell renewal. Infused with organic ingredients that deeply penetrate and nourish your skin, it enhances elasticity, leaving your skin smooth, soft, and youthful.

## Kaffir Lime and Ginger Scrub

#### 45 Minutes

Single 275k / Couple 450k

A gentle exfoliation effectively eliminates dead and dehydrated skin cells, leaving your skin feeling revitalized and rejuvenated.





## **Seaweed Mask**

#### 45 Minutes

## Single 288k / Couple 476k

The Seaweed Mask revitalizes and nourishes the skin with natural vitamin E, facilitating detoxification to purify skin layers from toxins while boosting the regeneration of dead skin cells.

### Honey & Milk Body Mask

#### 45 Minutes

## Single 288k / Couple 476k

Milk and honey are natural ingredients known for their nourishing and softening properties, ideal for rejuvenating tired skin exposed to sunlight and pollutants like carbon dioxide.

### Coffee Body Mask

#### 45 Minutes

### Single 288k / Couple 476k

The Coffee Body Mask is renowned for its ability to repair skin damage, eliminate bacteria from the skin layers and pores, and protect against excessive exposure to ultraviolet light, particularly beneficial for sensitive skin.

## **SVAHA SIGNATURE FACIAL TREATMENT**

#### **Svaha Natural Facial**

## 60 Minutes

#### Single 350k / Couple 600k

The Natural Facial treatment serves to tighten, plump, and refresh all skin types. It begins with cleansing the face using watermelon juice and liquid yogurt, followed by a honey massage and brown sugar scrub. Finally, cucumber slices are applied as a face mask to refresh the skin.

## Svaha Spa Facial Product by Biokos

#### **60 Minutes**

## Single 300k / Couple 550k

Biokos products formulated with aloe vera stimulate collagen production, helping to reduce signs of aging and enhance skin smoothness.





#### SVAHA SUNRISE PACKAGE

## **Tropical Chocolate Scrub**

#### 120 Minutes

#### Single **575k** / Couple **1050k**

Experience a delightful transformation this season. Ground almonds blended with freshly harvested cacao beans gently exfoliate, polish, and moisturize the skin. After a full-body Balinese massage, indulge in the choco-almond scrub, followed by a luxurious milk and honey bath.

## **Tropical Coconut Scrub**

#### 120 Minutes

## Single **575k** / Couple **1050k**

For centuries, Balinese women have relied on coconut for skin treatment and healing. The therapists incorporate a traditional blend of grated coconut, coconut milk, and a special powder to moisturize and gently exfoliate the skin. Experience the full-body Balinese massage followed by the sensory coconut scrub, and conclude with a rejuvenating herbal bath to pamper both your skin and senses.

## **Tropical Japanese Body Scrub**

#### 120 Minutes

#### Single **575k** / Couple **1050k**

Experience the luxurious blend of finely ground native herbs and spices including Pandan leaves, turmeric, curcuma heyneana, and rice powder, designed to cleanse, soften, and rejuvenate the skin. Immerse yourself in this traditional Javanese beauty treatment, cherished by Royal Families for centuries. Begin with a full-body massage, followed by the application of the scrub, and conclude with a relaxing soak in a bubble bath adorned with flower petals.

## **Volcanic Body Treatment**

#### 120 Minutes

#### Single **775k** / Couple **1450k**

Inspired by the healing traditions of deep tissue massage, our unique body scrub incorporates volcanic mud sourced from the slopes of Bali's sacred Mount Agung. This treatment nourishes the skin, restores balance, and effectively removes toxins like heavy metals and environmental pollutants. Enriched with lemongrass oil, it leaves your skin feeling silky smooth. Complete your experience with a luxurious flower bath in our jacuzzi.





## **ROYAL SVAHA SPA PACKAGE**

## **Body Purification Ritual**

120 Minutes Single 775k / Couple 1450k

This ritual begins with a Balinese massage, followed by a sea salt body scrub to prepare the body. Next, a detoxifying seaweed mask is applied, culminating in an herbal jacuzzi experience.

## **Exposure Sunburn Treatment Therapy**

#### **60 Minutes**

Single 400k / Couple 700k

This skincare method uses liquid extracted from natural aloe vera to repair skin damage caused by excessive exposure to sunlight and ultraviolet rays.

## **Twilight Indulgence**

#### 90 Minutes

Single **625k** / Couple **1150k** 

Indulge your body as the sun begins to set, with every touch offering comfort and rejuvenation. Begin with an aromatherapy massage followed by natural facials to refresh your senses.

## Ocean Detox Algae Treatment

#### 90 Minutes

Single 540k / Couple 980k

Eliminate toxins and rejuvenate your skin with an algae mask treatment. Begin with a soothing massage to relax your body, followed by an algae mask rich in minerals, vitamins, and protein. This mask is applied all over the body to detoxify, moisturize, and tighten the skin.

#### Flower Bath Sensation

45 Minutes

Single **555k** 

Minimum 2 Person Include Detox Healthy Drink

Experience the soothing and refreshing effects of a flower bath sensation with an array of beautiful, colorful blooms. Traditionally, bathing in the energy of flowers is believed to support personal growth and flourishing. This practice allows you to absorb the healing energies of the plants, helping to cleanse unwanted energies, find calm and grounding, and realign with what's most important to you, making it easier to let go of what no longer serves you.





## **Tropical Fruits Bath**

45 Minutes

Single 750k

Minimum 2 Person Include Wine By Glass

A ritual citrus and cucumber bath is a wonderful way to harness the health benefits and magical properties of these ingredients. Rich in vitamin C, this bath is perfect year-round for relaxing, restoring, strengthening, and purifying. It helps boost the immune system and enhances spiritual holistic energy.

## Spice Ritual Bath

45 Minutes

Single 625k

Minimum 2 Person Include Detox Healthy Drink

A bath infused with betel leaf and tropical herbs, known for their magical antiinflammatory and skin-brightening properties, is extremely rich in antioxidants. This luxurious bath not only enhances skin beauty but also offers a variety of health benefits.