



MENU



SVAHA SPA
SANUR

The Collection of *Wendyana*



BODY SOUL MASSAGE

TRADITIONAL BALINESE MASSAGE

The Traditional Balinese Massage, our signature treatment from Bali, combines palm and thumb pressure to reduce tension, along with long, gentle strokes using a unique blend of natural essential oils. This combination stimulates blood circulation and enhances energy flow.

Single 580 / Couple 980
60 Minutes

AROMATHERAPY MASSAGE

This full-body massage involves the use of oil and is administered with soft to medium pressure. It aims to uplift your spirits, restore positive energy, and enhance blood circulation. The massage deeply relaxes the mind and body.

Single 680 / Couple 1.080
90 Minutes

DEEP TISSUE MASSAGE

This exclusive massage incorporates our signature techniques tailored to individual needs. It includes relaxing light strokes and deep tissue pressure focused on the back to release stress and muscular tension. Revitalizing strokes rejuvenate and alleviate fatigue, enhance toxin elimination, and boost energy levels.

Single 680 / Couple 1.080
60 Minutes

BAMBOO SVAHA SPA SIGNATURE

This signature relieves stress, soothes tired muscles, and awakens your senses with warm oil and gentle to moderate pressure. Our skilled therapist incorporates warm bamboo into the Balinese Massage, harnessing its heat to enhance blood circulation for a healthier complexion. The bamboo massage technique targets muscle tension, boosts energy flow, and brings back harmony to both body and mind.

Single 680 / Couple 1.080
90 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
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BODY SOUL MASSAGE

HOT STONE MASSAGE

This unique full-body massage uses warm, carefully selected stones to aid in detoxification, stress relief, and body warming. The technique focuses on enhancing blood circulation throughout the body.

Single 680 / Couple 1.080
90 Minutes

REVITALIZATION ON BACK, NECK AND SHOULDER MASSAGE

This treatment focuses on the neck, shoulders, and back, providing a rejuvenating experience that relieves tension and promotes mental clarity. The oils and fragrance options can calm, invigorate, deeply moisturize, or even rejuvenate the skin.

Single 380
30 Minutes

FOOT & REFLEXOLOGY MASSAGE

Experience authentic Balinese reflexology, a time-honored healing therapy crafted to restore balance throughout your body and evoke a profound sense of harmony. The skilled therapists apply targeted pressure to specific points on your feet, enhancing blood circulation and promoting relaxation of the nervous system.

Single 580 / Couple 980
60 Minutes

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SVAHA SIGNATURE SCRUB & BODY MASK

MUD SCRUB

The Mud Scrub nourishes the skin, restores balance, and eliminates toxins, including heavy metals, leaving your skin silky smooth.

Single 380
45 Minutes

COCONUT SCRUB

Infuses the skin with natural coconut extracts to soften and relieve dryness, restoring a balanced complexion.

Single 380
45 Minutes

CHOCOLATE SCRUB

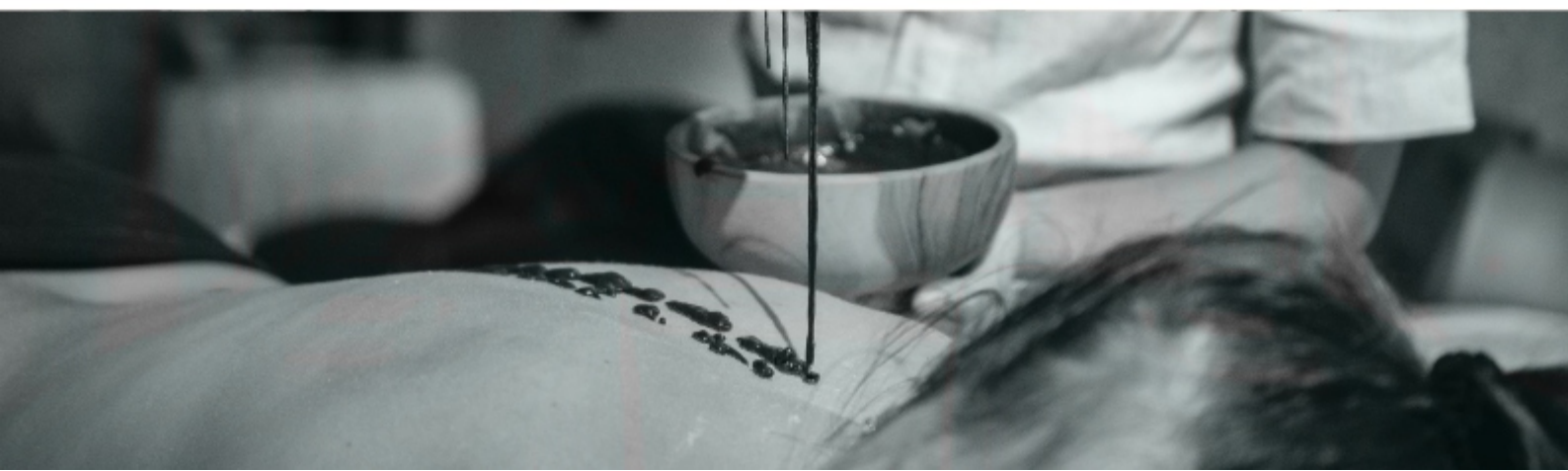
Delicately exfoliates dead skin cells and boosts cell renewal. Infused with organic ingredients that deeply penetrate and nourish your skin, it enhances elasticity, leaving your skin smooth, soft, and youthful.

Single 380
45 Minutes

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and Service charge

Reservation required, subject to availability

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SVAHA SIGNATURE SCRUB & BODY MASK

SEAWEED MASK

The Seaweed Mask revitalizes and nourishes the skin with natural vitamin E, facilitating detoxification to purify skin layers from toxins while boosting the regeneration of dead skin cells.

Single 380
45 Minutes

HONEY & MILK BODY MASK

Milk and honey are natural ingredients known for their nourishing and softening properties, ideal for rejuvenating tired skin exposed to sunlight and pollutants like carbon dioxide.

Single 380
45 Minutes

COFFEE BODY MASK

The Coffee Body Mask is renowned for its ability to repair skin damage, eliminate bacteria from the skin layers and pores, and protect against excessive exposure to ultraviolet light, particularly beneficial for sensitive skin.

Single 380
45 Minutes

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Reservation required, subject to availability

SVAHA SPA
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SVAHA SIGNATURE FACIAL TREATMENT

SVAHA NATURAL FACIAL

The Natural Facial treatment serves to lighten, plump, and refresh all skin types. It begins with cleansing the face using watermelon juice and liquid yogurt, followed by a honey massage and brown sugar scrub. Finally, cucumber slices are applied as a face mask to refresh the skin.

Single 480
60 Minutes

CLEOPATRA FACIAL BY SENSATIA

Refresh and rebalance your skin with SENSATIA based product. Start from cleanse, exfoliate, face massage, and face mask, during which your shoulder are being massage.

Single 480 / Couple 880
60 Minutes

EXPRESS FACIAL

A quick pick me up!. Hydrating & refreshing for clients who are "on the go" this treatment include double cleansing, exfoliation, mini face massage, and finishing product.

Single 280 / Couple 480
30 Minutes

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SVAHA SPA
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SWAHA SUNRISE PACKAGE

TROPICAL CHOCOLATE SCRUB

Experience a delightful transformation this season. Ground almonds blended with freshly harvested cacao beans gently exfoliate, polish, and moisturize the skin. After a full-body Balinese massage, indulge in the choco-almond scrub, followed by a luxurious milk and honey bath.

Inclusion :

- Balinese Massage 60 Minutes
- Chocolate Scrub 30 Minutes
- Milk and Honey Bath 30 Minutes

Single 780 / Couple 1.180
120 Minutes

TROPICAL COCONUT SCRUB

For centuries, Balinese women have relied on coconut for skin treatment and healing. The therapists incorporate a traditional blend of grated coconut, coconut milk, and a special powder to moisturize and gently exfoliate the skin. Experience the full-body Balinese massage followed by the sensory coconut scrub, and conclude with a rejuvenating herbal bath to pamper both your skin and senses.

Inclusion :

- Balinese Massage 60 Minutes
- Coconut Scrub 30 Minutes
- Herbal Bath (Lime Ginger Lemongrass) 30 Minutes

Single 780 / Couple 1.180
120 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SWAHA SPA
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SVAHA SUNRISE PACKAGE

VOLCANIC BODY TREATMENT

Inspired by the healing traditions of deep tissue massage, our unique body scrub incorporates volcanic mud sourced from the slopes of Bali & sacred Mount Agung. This treatment nourishes the skin, restores balance, and effectively removes toxins like heavy metals and environmental pollutants. Enriched with lemongrass oil, it leaves your skin feeling silky smooth. Complete your experience with a luxurious flower bath in our jacuzzi.

Inclusion:

- Deep tissue Massage 60 Minutes
- Mud Scrub 30 Minutes
- Flower Bath 30 Minutes

Single 880 / Couple 1.480
120 Minutes

HERBAL BALI ESCAPE

Enjoy a blend of finely ground spices and herbs with a blend of lime and ginger designed to cleanse, soften and pamper the skin. Immerse yourself in this traditional Balinese beauty treatment. Start with a full body aromatherapy massage followed by a body scrub and end with a spice bath that is rich in antioxidants and other health benefits.

Inclusion:

- Aromatherapy Massage 60 Minutes
- Boreh 30 Minutes
- Spice Bath (Cinamon, Cardamom, Clove, Ginger Batel leaf) 30 Minutes

Single 880 / Couple 1.480
120 Minutes

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and Service charge

Reservation required, subject to availability

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ROYAL SVAHA SPA PACKAGE

TWILIGHT INDULGENCE

Indulge your body as the sun begins to set, with every touch offering comfort and rejuvenation. Begin with an aromatherapy massage followed by natural facials to refresh your senses.

Single 680 / Couple 1.180
90 Minutes

OCEAN DETOX ALGAE TREATMENT

Eliminate toxins and rejuvenate your skin with an algae mask treatment. Begin with a soothing massage to relax your body, followed by an algae mask rich in minerals, vitamins, and protein. This mask is applied all over the body to detoxify, moisturize, and tighten the skin.

Single 680 / Couple 1.180
90 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

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ROYAL SVAHA SPA PACKAGE

FLOWER BATH SENSATION

Experience the soothing and refreshing effects of a flower bath sensation with an array of beautiful, colorful blooms. Traditionally, bathing in the energy of flowers is believed to support personal growth and flourishing. This practice allows you to absorb the healing energies of the plants, helping to cleanse unwanted energies, find calm and grounding, and realign with what's most important to you, making it easier to let go of what no longer serves you.

Single 580
45 Minutes

Minimum 2 Person
Include Detox Healthy Drink

TROPICAL FRUIT BATH

A ritual citrus and cucumber bath is a wonderful way to harness the health benefits and magical properties of these ingredients. Rich in vitamin C, this bath is perfect year-round for relaxing, restoring, strengthening, and purifying. It helps boost the immune system and enhances spiritual holistic energy.

Single 780
45 Minutes

Minimum 2 Person
Include 2 Fresh Coconuts

SPICE RITUAL BATH

A bath infused with betel leaf and tropical herbs, known for their magical anti-inflammatory and skin-brightening properties, is extremely rich in antioxidants. This luxurious bath not only enhances skin beauty but also offers a variety of health benefits.

Single 680
45 Minutes

Minimum 2 Person
Include Detox Healthy Drink

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

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ROMANTIC SVAHA SPA PACKAGE

ROMANTIC SIGNATURE ESCAPE

2 hours 30 minutes of indulgence for two

A journey of love and renewal begins with our Rejuvenating Signature Massage to relax the body and calm the mind. Continue with an Avocado Scrub and Coffee Body Mask to nourish and smooth the skin, then unwind in a Refreshing Tropical Bath infused with cempaka flowers, pandan leaves, and pomelo slices for a fragrant, uplifting finale.

Inclusion:

- Balinese Massage 60 Minutes
- Avocado Scrub 30 Minutes
- Coffee Mask 30 Minutes
- Fruit Bath (Citrus, Cucumber, Pandan leaf, Cempaka flower) 30 Minutes

Single 980 / Couple 1.800
150 Minutes

ROMANTIC BALINESE MASSAGE

1 hour 30 minutes of blissful serenity for two

Reignite connection through this intimate Balinese-inspired ritual. Melt away tension and restore harmony with a Balinese Massage, followed by a soothing Jacuzzi Bath adorned with floating flower petals. The perfect romantic escape to unwind, rejuvenate, and celebrate togetherness.

Inclusion:

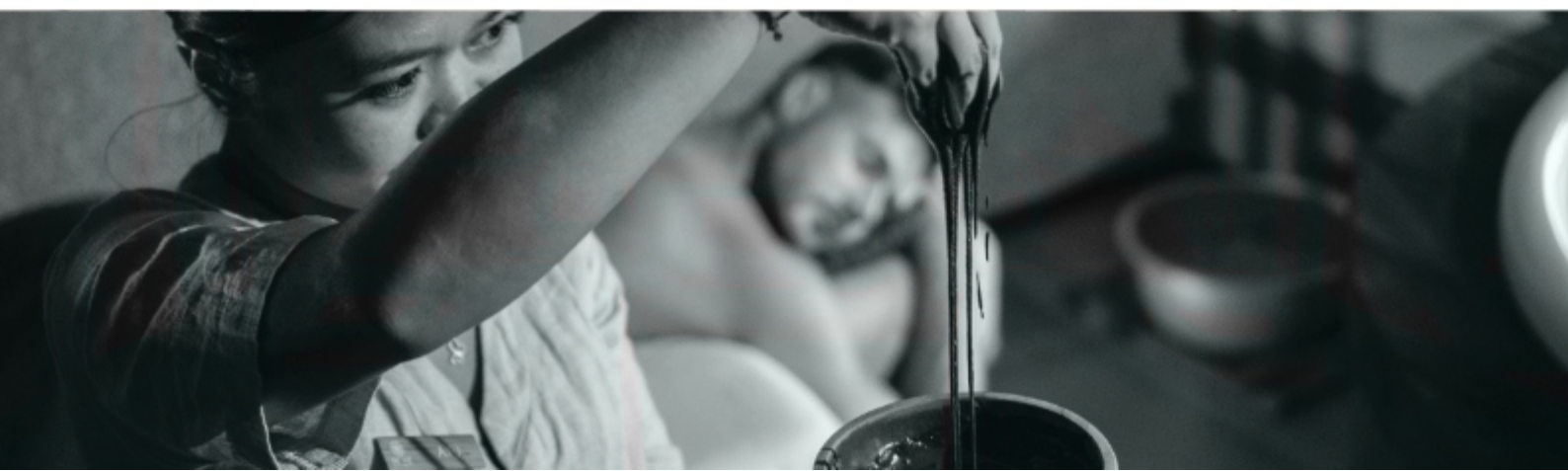
- Balinese Massage 60 Minutes
- Rose Petal Bath 30 Minutes

Single 680 / Couple 980
90 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

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ROYAL SVAHA SPA PACKAGE

BODY PURIFICATION RITUAL

This ritual begins with a Balinese massage, followed by a sea salt scrub to prepare the body. Next, a detoxifying seaweed mask is applied, culminating in an herbal jacuzzi experience.

Inclusion :

- Balinese Massage 60 Minutes
- Seasalt Body Scrub & Seaweed Mask 30 Minutes
- Herbal Bath (Lime Ginger Lemongrass) 30 Minutes

Single 880 / Couple 1.480
120 Minutes

EXPOSURE SUNBURN TREATMENT THERAPY

This skincare method uses liquid extracted from natural aloe vera to repair skin damage caused by excessive exposure to sunlight and ultraviolet rays.

Single 380
60 Minutes

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Reservation required, subject to availability

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WELLNESS MENU



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The Collection of *Wandaprasana*

READINGS & RITUALS

PALM READING & MASSAGE

Unlock the secrets held in the palm of your hand. Palm reading, also known as palmistry, is an ancient art used to gain insight into one's personality, emotional patterns, health tendencies, and life path. By analysing the shape, lines, and mounts of the hand, our experienced practitioner offers intuitive guidance and clarity.

Inclusion :

- Palm Reading 30 Minutes
- Balinese Massage 60 Minutes

1.280 / Person
90 Minutes

TAROT READING THERAPY

Tarot is a powerful tool for reflection and spiritual guidance. With 78 symbolic cards Major and Minor Arcana each reading offers insight into your questions, emotions, and life journey. The reader interprets the cards based on your energy and intention, helping you find clarity through the law of attraction and karma.

Inclusion :

- Tarot Reading 30 Minutes
- Balinese Massage 60 Minutes

1.280 / Person
90 Minutes

SIGNATURE BIRTHDAY READING

Unlock the secrets held in the palm of your hand. Palm reading, also known as palmistry, is an ancient art used to gain insight into one's personality, emotional patterns, health tendencies, and life path. By analysing the shape, lines, and mounts of the hand, our experienced practitioner offers intuitive guidance and clarity.

Inclusion :

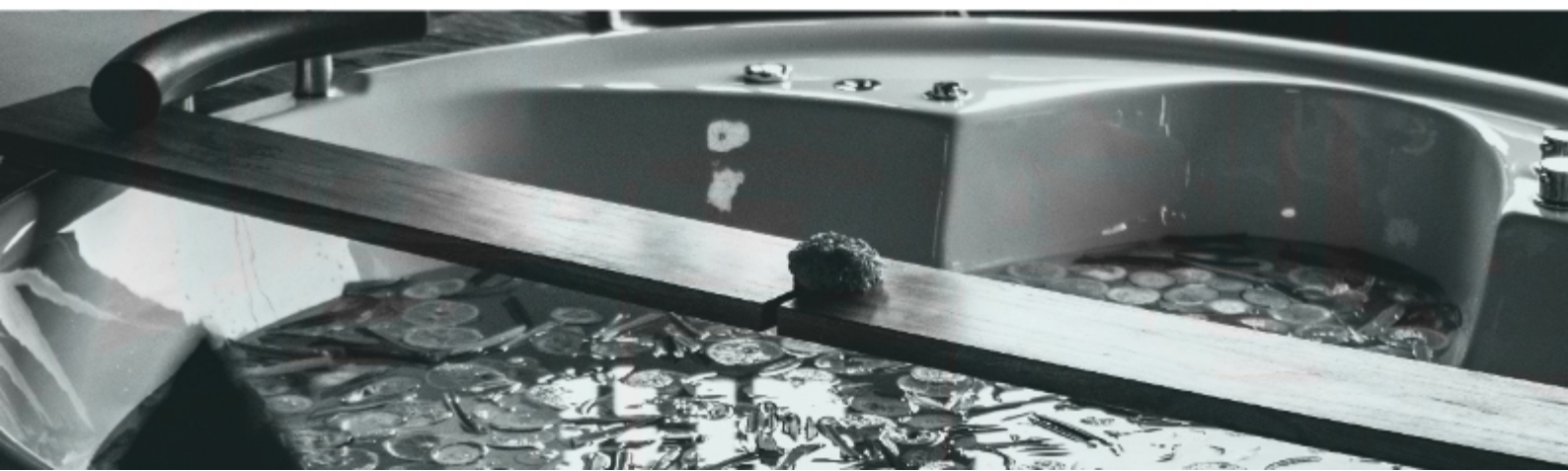
- Birthday Reading 30 Minutes
- Aromatherapy massage 60 Minutes

1.280 / Person
90 Minutes

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and Service charge

Reservation required, subject to availability

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REIKI

Reiki is a traditional Japanese healing method categorized as energy healing. Today, it is widely practiced and recognized around the world. Interestingly, in Bali, we have long embraced a similar holistic approach to healing known as Usadha, our indigenous form of traditional medicine. Reiki practitioners apply a technique called palm healing or hands-on healing, where it is believed that universal life energy flows through the practitioner's hands to the recipient. This gentle energy transfer aims to support both emotional balance and physical well-being.

1.800 / Person
60 Minutes

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and Service charge

Reservation required, subject to availability

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HYPNOTHERAPY

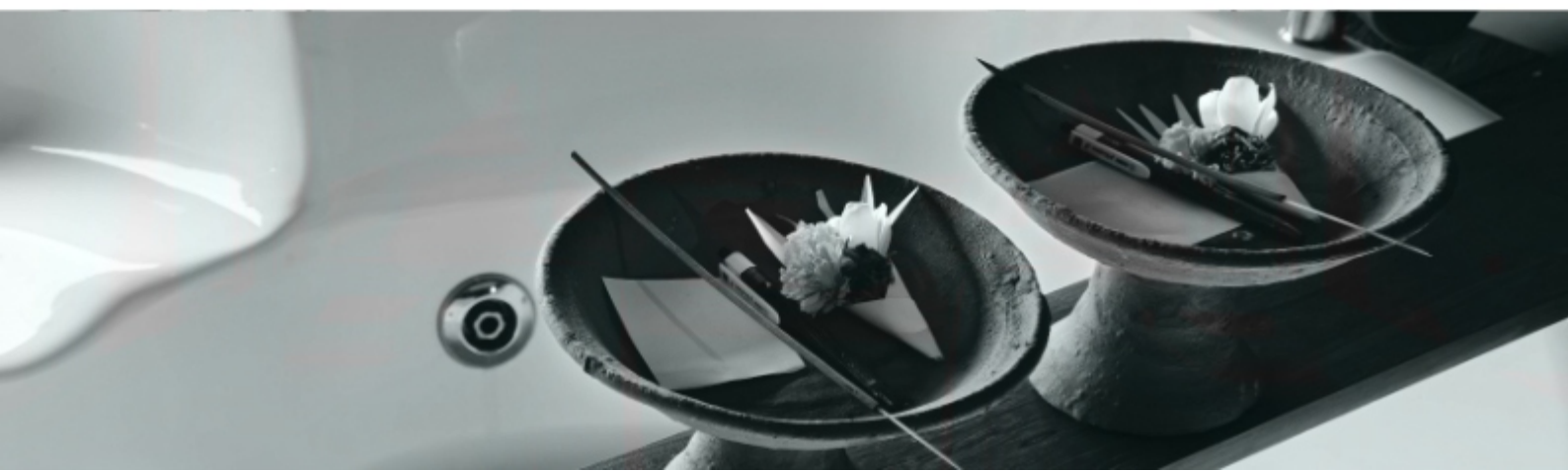
Access the power of your subconscious for deep healing and transformation. Hypnotherapy is a therapeutic technique that uses guided relaxation and focused attention to reach a heightened state of awareness-often referred to as a trance state. In this deeply relaxed condition, the subconscious mind becomes more receptive to positive suggestions, allowing you to release limiting beliefs, emotional blocks, and behavioural patterns that no longer serve you.

1.800 / Person
60 Minutes

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and Service charge

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EMOTIONAL FREEDOM TEHNIQUE

Release emotional blockages and restore inner peace. "EFT, also known as "tapping," is a gentle therapeutic method that combines acupressure with modern psychology. By tapping on specific energy points on the body while focusing on emotional distress, this technique helps to release negative emotions, reduce stress, and bring clarity and calmness to the mind. This treatment is ideal for those dealing with anxiety, unresolved emotions, limiting beliefs, or simply seeking emotional balance and clarity. Experience a profound sense of relief as emotional burdens are gently lifted, making space for healing and empowerment.

1.880 / Person
60 Minutes

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and Service charge

Reservation required, subject to availability

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SOUND HEALING JOURNEY

Sound Healing Journey is a guided experience that uses sound to facilitate relaxation, meditation, and healing. This journey often involves various sound healing instruments and techniques designed to immerse participants in a landscape of therapeutic vibrations. Below is an explanation of the typical elements and what participants can expect during a Sound Healing Journey.

1.880 / 2 Person
60 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

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SPA ETIQUETTE



Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.



Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.



Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.



Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.



Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.



Children

Children and infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.

