

SOUND HEALING ESCAPE

SOUND HEALING JOURNEY

IDR 780K++/person | IDR 1,480K++/couple

Every Tuesday, Thursday and Saturday | 3 PM - 4 PM

Inclusions and T&C:

- Pranayama
- Singing bowl 7 chakra sound therapy
- Body awareness affirmations
- Minimum 2 person, maximum 5 person

SUNSET SOUND BATH

IDR 1,480K/couple | 60 minutes

Everyday 7 PM - 8 PM

Inclusions and T&C:

- Breathing relaxation
- Singing bowl 7 chakra sound therapy
- Body awareness affirmations
- Available at the Infinity Pool and Private Pool Villa (in-house guests only)
- Reservation required 1 day in advance



SVAHA SPA
KENDERAN

THE JUNGLE AYURVEDIC PACKAGE

The True Svaha Treatment

A truly unique offering from Svaha Spa. This nurturing treatment is inspired by the jungle atmosphere of our spa, designed to provide a tranquil experience for our guests. It begins with a deep tissue massage that focuses on areas of the body that are overused and stressed from repetitive or intense movements. This massage increases circulation, assistant in healing injuries, and creates a deep sense of relaxation using our special oils.

The treatment continues with a full-body exfoliation to remove dead skin cells, leaving your skin soft and radiant, preparing your body for deeper relaxation. The Shirodhara treatment, where warm oil is gently poured over the third eye, induces a state of calmness and serenity and is regarded as an anti-aging therapy.

This experience begins with a body massage focusing on the neck and shoulders to relieve tension and stress. It then progresses to a tropical body scrub and the Shirodhara treatment, followed by a luxurious soak in a marigold and rose petal bath scented with herbal oil for a deeply purifying experience.

180 Minutes

Single 2.280K
Couple 3.980K

- Deep Tissue Massage
- Tropical Body Scrub
- Shirodhara Treatment by Puring Warm Oil on Third Eye
- Herb Milk Bath Combined With Mari Gold & Rose Flower

Call Here
☎ +62 812-3703-2059

All of the price above are in thousand rupiah and
Subject to 21% Government tax and Service charge
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SVAHA SPA KENDERAN

SVAHA SIGNATURE MASSAGE

Single 780 / Couple 1.480

90 Minutes

Experience a complete body re-awakening through a combination of yogic stretching and Balinese traditional Body massage. This unique holistic treatment stimulates relaxation and recovery, to promote physical and energetic balance within the body, leaving a profound sense of wellness and rejuvenation.

HOT STONE

Single 980 / Couple 1.800

90 Minutes

This unique full body massage is using warm selected-stones to eliminate toxins, relieve stress and warm the body. Using this technique aim to increase the blood circulation of your body.

ROMANTIC FOREST

Single 1.280 / Couple 2.080

120 Minutes

Celebrating the spirit of true love, this renewing treatment takes couples on a sensory journey of indulgence. The pampering begins with a foot bath to refresh walk-weary toes. A soothing body massage is then performed to release muscle tension and entice deep relaxation. Sharing a bath infused with essential oils and exotic flower petals brings this romantic session to a memorable close.

TROPICAL FRUIT

Single 1.280 / Couple 2.080

120 Minutes

Tapping into the nourishing powers of locally grown fruits, this natural treatment has a reviving effect on all skin types. It begins with a foot ritual to cleanse travel-weary toes. This is followed by a traditional Balinese massage using long strokes and finger pressure to restore depleted energy levels, continue with a body scrub for an aroma-sensory experience. This session of personal pampering is finished off infused with Balinese oranges and limes.

SVAHA FLORAL

Single 1.280 / Couple 2.080

120 Minutes

Drawing inspiration from Bali's cultural traditions, this nurturing treatment is focused on personal indulgence. It begins with the placement of a floral offering and the ringing of a bell as a symbol of appreciation for the gift of each new today. A gentle foot bath is performed as a prelude to a traditional Balinese massage that uses warm oil in combination with long finger strokes and applications of pressure to melt away muscular tension. Next comes a chocolate body scrub that will leave skin feeling fresh and radiant. This uplifting spa experience closes with a Balinese floral bath to energize body, mind and spirit.

TRADITIONAL BALINESE MASSAGE

Single 60 Minutes 680 / 90 Minutes 880
Couple 60 Minutes 1.280 / 90 Minutes 1.580

The Traditional Balinese massage is our signature from Bali combines body massage using palm and thumb pressure to reduce tensions and long gentle strokes while applying a unique blend of natural essential oils. This combination stimulates your blood circulation, improves energy flow.

AROMATHERAPY MASSAGE

Single 780 / Couple 1.380

60 Minutes

A full body massage with oil and soft to medium pressure. This massage will restore positive energy, and will make you feel more alive by increasing blood circulation. Benefits: Deeply relaxes the mind and body while strengthening the spirit.

REFLEXOLOGY

30 Minutes 380 / 60 Minutes 580

Find out our authentic Balinese reflexology here. The service is an ancient healing therapy designed to cultivate balance into your whole body provoke to the sensation of profound harmony. By putting pressure to specific points on your feet, our therapist will stimulate the blood circulation and boost the calmness to your nervous system.

BACK, NECK AND SHOULDER

30 Minutes

480

Our neck, shoulder and back is essential and precious. Give a massage to this area will give you a joyful resurrection, overcome the tensions and will bring you the clarity of mind. Your choice of oil and fragrance can calm, invigorate, deeply moisturize, or even rejuvenate.

BODY WORK

30 Minutes

580

Rejuvenate yourself with one of our five signature body scrubs which allows the to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin and bliss out in our foot bath.

Tropical Seaweed Body Scrub

This is Blended by rice powder and sea weed powder is good to exploited the died skin cell. Seaweed rich source of amino acids and antioxidants, Both of that can boost collagen production to smooth lines and give skin the appearance of fuller, firmer, and younger looking skin.

Tropical Javanese Body Scrub

This is a luxurious blend of finely ground native herbs and spices composed of turmeric, and curcuma, rice powder to cleanse, soften and rejuvenate the skin. Indulge with this traditional Javanese beauty-treatment that has been used by Royal Families for century's

Tropical Chocolate Scrub

One can feel charming after this season. Ground almonds mixed with freshly harvested cacao beans are gently rubbed into the skin, to exfoliated died skin cell and is good to moisturize the skin

Tropical Fruit Body Scrub

Blended with Kaffir lime and ginger is good to remove the dead skin cells which contain vitamin C and antioxidants which are good for producing collagen to firmer, brightened the skin and can help fight signs of premature aging of the skin.

Tropical Avocado Body Wrap

Soft and nutritious avocado content that can hydrate the skin. Contains Avocado Fruit Extract and Milk Powder, which is this mask is good to nourish the skin, preventing skin damage from sun exposure, while helping to prevent water loss in the skin and good for moisturizing the skin.

Tropical Mud Body Wrap

Contains minerals such as magnesium, sodium, phosphate, bromide and other minerals which are great for nourishing and improving skin conditions. Apart from minerals, Mud Mask also contains bentonite which works to disguise pores, kaolin which absorbs excess oil on the skin and is good for moisturizing the skin.

Banana Leaves Body Wrap

Has properties, as a traditional medicine that can be used to warm the body, improve blood circulation, reduce muscle pain, and detoxification. Combines natural ingredients with the traditional use of banana leaves to create a holistic wellness experience.

BEAUTY TREATMENTS

Deluxe Manicure

60 Minutes

480

Transform those nails into dainty, elegant hands! Allow our skilled beauty therapists to moisturize, buff shape and polish your nails with any and all of the colors of the rainbow or just clears. We can also do pupping-up style and flowers on your toes

Deluxe Pedicure

60 Minutes

580

Cool, energize and revive your feet with our Feet Beauty Treatment. Comprising of the classical pedicure treatment with nail cut, file, cuticle repair and soothing foot soak of essential oils; It is then followed by an organic scrub that will relieve your tired or swollen feet. Finally, to stimulate blood circulation a foot massage is applied with a natural refreshing lotion. Your feet are hydrated, fresh and soothed.

BATH RITUAL

Bathing in warm water infused with fresh ingredients and scented essential oil has the power to cleanse and evoke a feeling of overall well-being

Romantic Forest

30 Minutes

680

Romantic bath infused with essential oils and exotic flower petals brings this romantic session to a memorable close.

Tropical Fruit

30 Minutes

680

Take delight in a detoxifying bath ritual that uses local Balinese lemons, oranges and cucumber in combination with Balinese flowers to stimulate the senses.

Svaha Floral

30 Minutes

680

Exotic bath contains varies color of fresh Balinese flowers to promote deep relaxation

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SVAHA SPA
KENDERAN

TAMBE JOURNEY *Package*

Ultimate Spa experience with 120 min combined aromatherapy massage with cleanser facial or organic scrub, and finished by flower and milk bath with young coconut drink

1. AROMATHERAPY MASSAGE
2. CLEANSER FACIAL OR ORGANIC SCRUB
3. FLOWER & MILK BATH

Purify your mind and soul to eliminate and clean negative influences in your body, start calming the mind and relax the body will cleanse your soul from inside and outside the body.

ONLY
1.280K

SPICY BODY *Revitalizing*

120 Minute

A full-body massage designed to relax muscles, improve circulation, and relieve stress. Continue with a gentle body Boreh is wrapped in warm, pliable banana leaves, which help to open pores and promote the absorption of the mixture, as a traditional medicine that can be used to warm the body, improve blood circulation, reduce muscle pain, and detoxification The herbal bath is a therapeutic bath that combines betel leaf, Himalayan bath salt, with various herbs to create a relaxing and healing experience

ONLY
Single 1.280K
Couple 2.080K

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INI VIE
Hospitality



SVAVA SPA
KENDERAN

NEW MENU

HARMONIC PACKAGE (150 Minutes)

5.080

This treatment inspired by honeymooner couple, the treatment not only just release the tension, relax and rejuvenating the skin but this treatment will be make more harmonic the relationship, and will completed by Romantic Candle Light Dinner with river sound that soothes the heart and mind.

This treatment will include by Aromatherapy full body massage to release the muscle tension, Body Scrub with three selection of smell to exploited the skin cell, continued by Organic Facial with natural product is good for all skin type to rejuvenating the skin and the last treatment will enjoy Bubble and Rose Petal Milk Bath with a glass of wine to deep relaxation and after treatment done will be enjoy the Romantic Candle Light Dinner to more be romantic.

SHIRODHARA TREATMENT (60 Minutes) Single (60 Minutes) Couple

980

1.800

Shirodhara comes from the two Sanskrit words "Shiro" means head and "Dhara" means flow. Shirodhara treatment is inspired by Indian Tradition which is a traditional ayurvedic method of healing, that has been in use since ancient times to bring the mind, body, and soul to a harmonious level.

The step of Shirodhara treatment will start with foot ritual, continued with back massage to balance your blood circulation and followed with Shirodhara will pouring gentle warm oil on third eye is good for deep relaxation, and the end will serve with rosella tea to balance your blood sugar levels.

DEEP TISSUE MASSAGE (75 Minutes) Single (75 Minutes) Couple

800

1.380

Deep tissue massage is a type of massage technique that uses deep pressure. Combining slow strokes and thumb pressure will use oil to release the tension and tightness held deeply in your muscles and your connective tissues.

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SVAHA SPA
KENDERAN

NEW MENU

CLEOPATRA HYDRATE FACIAL (60 minute)

580

- Cleansing Water
- Facial cleanser
- Facial Scrub
- Facial Hydrate
- Facial Mask
- Facial Toner
- C- Serum
- Dream cream
- Lip Protection

Description:

Designed to replenish moisture in the skin, this facial often involves the use of hydrating facial, serums, and moisturizers to leave the skin feeling soft and supple. Throughout the facial treatment, relaxation techniques such as aromatherapy, calming music, or ambient be used to enhance the overall experience and induce a sense of tranquility. This Sensatia skin-cares products deliver high concentrations of botanical

ORGANIC FACIAL

(30 Minutes)

380 / (1 Hour)

580

- Cleanser with Yogurt and Honey
- Toner with Cucumber Water
- Scrub with Sugar and Tomato extract
- Face Massage with Coconut Oil
- Warm Herbal Compress (1 Hour treatment only)
- Face Mask Step 1 with Rice powder & Step 2 with Slice of Cucumber (1 Hour treatment only)
- Face Mask with Slice of Cucumber (30 minutes treatment only)
- Ged Roll
- Moisturizer

Description:

Facial is one type of skin care which this treatment method is considered effective for rejuvenating facial skin and dealing with certain problems on the face, such as acne and blackheads. Well organic facial is one solution to overcome problems on the face, where the products used are natural products consisting of honey, cucumber, and tomatoes which it's good to moisturizing and nourish the skin.

HONEYMOON PACKAGE

(2,5 Hours)

2.800

Description:

The Svaha Spa Honeymoon Package, inspired by the typical married couple, who after the marriage celebration will definitely take the time to go on a honeymoon, and this package is made so that the honey-moon is more complete besides staying at the villa, you can also pamper yourself with your partner to more relax and energized your body, where this package is equipped with Aromatherapy Massage to stimulated blood circulation, followed with facial to refresh your face, continued with body scrub to exfoliated the dead skin cell and last treatment will enjoy with bubble rose petal milk bath to deep relaxation and during bath will enjoy with Red Wine by the glass.

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SVAHA SPA
KENDERAN

Mini Vie Massage

ONLY: 480K

Body Massage Nail Art & Nail Polish

Duration : 60 Minutes

Ultimate spa experience for your Kid's, Soft body massage with scented massage oil. Leave your kids relaxed after their activities and your child's hands or feet are soaked, scrubbed, massaged, and spritzed followed by a nail trim and choice of favorite color and as cover we serve the ice cream.

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RESORT & SPA





SVAHA SPA
KENDERAN

HEALING ENERGY BODY MASSAGE

UBUD UBAD HEALING MASSAGE

(60 Minutes) Single
(60 Minutes) Couple

880
1.380

Starting with Traditional cleansing and Blessing Balinese ritual, Incorporated with Flow light body massage, Slowly touch your Cakra with utilizes unique healing skills Inherited by Balinese people for centuries, to release tension muscle and Balance between your mind, body, and soul.

KENDERAN AYURVEDIC MASSAGE

(90 Minutes) Single
(90 Minutes) Couple

1.280
2.280

Inspired by the words of wise people in the village of Kenderan ancient times. As mentioned, all sources of disease originate from the mind. We combine a full Body massage that focuses on the muscle body which brings positive effects to the mind. Continue with a Shirodhara Head Massage Treatment By Pouring Warm Oil On Third Eye which perfects calm and relaxation of the mind. consolidate your energy to bring about relaxation and ease of action in daily life.

SVAHA BODY AND REFLEXOLOGY

(90 Minutes) Single
(90 Minutes) Couple

980
1.680

Balinese Massage energy Incorporated with greater focus on foot reflexology. Starting with foot Ritual, The Traditional Balinese massage is our signature from Bali combines body massage using palm and thumb pressure to reduce tensions and long gentle strokes while applying a unique blend of natural essential oils. This combination stimulates your blood circulation, improves energy flow.

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KENDERAN

SVAHA HEALING PACKAGE

Single 1.280 / Couple 2.080

Description:

The treatment inspired by our nature place with jungle view and surrounding river sound is good to healing the body and soul to be more refreshing the mind and also good for release blood circulation. The package will be start by counseling and yoga with the Yoga Teacher is good to calm down the emotional on the body and to refresh body and mind, continued with back neck and shoulder massage good to release the muscle tension and following with shirodhara treatment will pouring gentle warm oil on the third eye is good to be deep relaxation.

PURNAMA HEALING PACKAGE

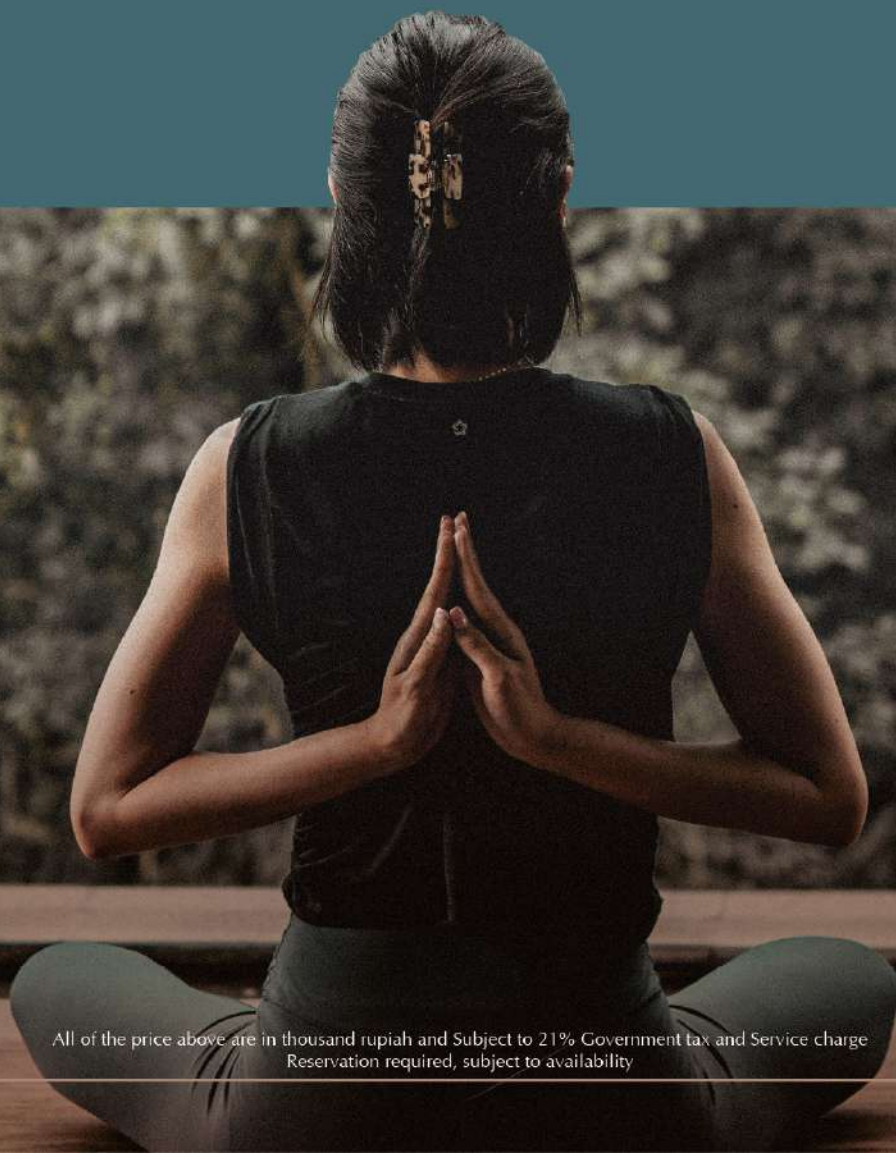
(2 Hours)

1.180

- Foot Retual
- Back Massage
- Organic Facial
- Body Scrub
- After Treatment serve With Coconut Drink

Description:

Inspired by special day of Hinduism, which provides positive energy where there is foot ritual, body massage, facial and body work to energize and cleans whole body. The end will be serve with coconut water to neutralize the negative energy in the body.



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SVAHA SPA
KENDERAN

FLOWER BATH DECORATION



**SVAHA
SIGNATURE**

Rp. 680.000



**SVAHA
BALINESE VIBE**

Rp. 680.000



**SVAHA
ROMAANS**
(ASMARA)

Rp. 680.000



**SVAHA
SHAANT**
(TENANG)

Rp. 680.000



**SVAHA
SUNSHINE**

Rp. 680.000



**SVAHA
VAIBHAV**
(KEMULIAAN)

Rp. 680.000



**SVAHA
JAANAM**
(KEKASIH)

Rp. 680.000



**SVAHA
SUNDAR**
(INDAH)

Rp. 680.000



**SVAHA
DHOOP**
(SINAR SURYA)

Rp. 680.000



**SVAHA
BATIK**

Rp. 680.000

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SVAHA SPA
KENDERAN

THE ESSENCE SVAHA ROMANTIC BATH

1.800K

45 Minute

FULL JACUZZI FLOWER DÉCOR
BOTTLE OF MOSCATO SPARKLING WINE



Svaha
Dhoop



Svaha
Balinese Vibe



Svaha
Vaibhav



Svaha
Romaans



Svaha
Shaant



Svaha
Signature



Svaha
Sundar



Svaha
Batik



Svaha
Jaanam



Svaha
Sunshine

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SPA ETIQUETTE



Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.



Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.



Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.



Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.



Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.



Children

Children and Infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.

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